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*Today's letter is written for us by Judy Trudgeon*

## **Overcoming**

*"Let us hold fast the confession of our hope without wavering, for He who promised is faithful."*  
Hebrews 10:23

Many of us have lived lots of years/decades and we have experienced life in so many different ways. For most of us, difficulties, pain, sorrow, disappointment, suffering are not new. Journeying through our lives we have encountered all of these, interspersed with wonderful times of happiness, joy, satisfaction, hope and many more terrific, positive feelings and emotions.

Life is wonderful and we hang on to it and treasure it with everything in our power and at our disposal. We eat right, exercise, laugh, play, visit, talk, seek and receive medical help, go to church, surround ourselves with fellow believers, pray, cry out to God for His intervention and healing touch on our lives.

Sometimes our prayers are answered the way we want, but often they are not. Sometimes we are required to face and walk through "The Valley of Death". When going through the dark tunnel of despair, with no light behind and none ahead, I had to hold on tightly to what I knew in my heart to be true. I had come too far in my walk with Jesus and could not turn back to my previous life without Him. I had to choose to keep moving forward, believing, hoping, knowing that I was moving forward into His light.

After my daughter's death, I was looking through her bible and tucked inside, came upon the following poem written in her handwriting:

OVERCOMING  
GIVE UP? NEVER.  
OUR AIM IS VICTORY  
YOU AND GOD AND I.  
WITH STURDY HEARTS AND LOVE  
AND DETERMINED, DARING FAITH  
WE'LL MOVE THE WORLD.  
YOU WATCH, YOU'LL SEE,  
WE CAN.

Anne Kiemel.

Susan died with the assurance of new life secured by her love relationship with Jesus and with the thought of going to a home where there will be no more suffering, no more therapy, no more pain.

We are living through very trying times but we are also blessed. We know God and we can choose to keep walking and living hand in hand with Jesus, focusing on His Word, trusting and knowing that in Him we are secure and loved.

Judy

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*"Our relationship with God and each other strengthens us, and helps make the world a better place.  
We welcome and include **everyone** into congregational life."*

