

Sept 8th, 2021

Nature Can Guide You

"When it is evening you say "It will be fair weather, for the sky is red." Matthew 16:2.

Earlier last month, I drove through Boston (Greenway), to Parkhill MTO office. I had to renew both driver's license, & OHIP health card. Fields of tall corn stalks, & luscious beans were by my side all the way; not to mention the cattle grazing at ease together. I thought how peaceful the countryside looked, bringing back days of growing up on our Family homestead. My Father would say "Red sky at night, Farmer's delight; red sky in the morning Farmers warning!" Just like this verse in Matthew 16, he could tell by the sun/moon/stars what tasks for the next day.

I have been lucky enough to attend all our green cathedral Sundays thus far. Only two were red sky mornings. Looking around me, there were dozens of tiny ants milling numerous hills, working diligently for their Queen. Birds flew in the tall trees, & dogs walked by happily with their family. I felt so overcome with gratitude for our wonderful space here outside.

More than once, during the last 2 years, melancholy moments found their way into my head. I gazed out the window, when my eyes blinked at the site of two large blue jays at the feeder, while soft grey doves settled on the ground below.

Take a moment in your day, & think of a place in the world, any place, instead of watching the news. Ex. Key Largo has pelicans, Newfoundland has puffins; Stratford, the swans walk (mindfully), Victoria Park, chipmunks, rabbits, geese.

Do you feel better? God provides us with all these beautiful natural sites & living creatures. Here is a poem that I read:
"Life, believe, is not a dream
So dark as sages say;

Oft a little morning rain
Foretells a pleasant day.
Sometimes there are clouds of gloom,
But these are transient all;
If the shower will make the roses bloom,
"O why lament its fall?"
(Charlotte Bronte)

May you be at peace,
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